

Success Story

Sundus Al-Mudhri

Age: 6 years

Place of Residence: Afrin, Syria

Father's Name: Waleed

Medical Diagnosis: Gait disorder



Family's Message

“We were afraid that her walking would remain unstable, but today we watch her walk with confidence and joy. We thank Sawasia Center for their tremendous efforts and compassionate approach. Offering such services for free is not just treatment—it is the revival of hope in the hearts of families in need.”

Introduction:

In the journey of rehabilitation, success is not only measured by medical outcomes, but also by the hope rekindled in the hearts of families with every new step. Sundus, a six-year-old girl, was born through a full-term natural delivery, and initially showed no concerning signs. However, as her developmental stages progressed, her parents noticed an abnormality in her walking pattern, prompting them to urgently seek the proper medical support

Medical Diagnosis:

Upon visiting Sawasia Center for Prosthetics and Rehabilitation, Sundus underwent a thorough clinical evaluation by a specialist. She was diagnosed with: Shortening of the Achilles tendon, along with tightness in the knee and hip flexors, leading to a walking disorder. This musculoskeletal imbalance directly affected her stability and ability to walk properly.

Getting to Know the Rehabilitation Center:

Through one of their neighbors who had received treatment services, the family learned about Sawasia Center for Prosthetics and Rehabilitation. The father took the initiative to visit the center and filled out the evaluation form. The child was then examined by a specialist physician, and a comprehensive physiotherapy treatment plan was developed to suit her condition

Child's Condition Before Starting Treatment:

Sundus was unable to walk or stand, making any form of progress seem like a distant dream. However, the determination of her family, combined with the dedicated efforts of the center's team, laid the foundation for the journey toward improvement

Treatment Plan and Noticeable Progress:

Following the diagnosis, a tailored physiotherapy plan was implemented with the goals of: Lengthening the Achilles tendon. Reducing muscular contractions. Strengthening pelvic and leg muscles. Retraining a correct walking pattern. Thanks to consistent follow-up, parental commitment, and the full support of the rehabilitation team, Sundus began to show gradual improvement. After just a few sessions, she was able to walk normally and independently, bringing immense joy to both her family and the center's team

Psychological Support and the Father's Role in Recovery:

Sundus' recovery journey was not solely physical it also involved emotional and psychological support, particularly for her father, who actively participated throughout the process. The center's team provided individual counseling sessions and emotional support for the father, helping him process feelings of anxiety and fear, and equipping him with parenting strategies to engage positively with his daughter's condition. Over time, the father became more involved in the rehabilitation plan, transforming from a recipient of support to an integral part of the therapeutic process. His presence and encouragement significantly boosted Sundus' confidence and created a nurturing home environment that accelerated her recovery. He would often say: **“The most important thing is that my daughter walks... I'm ready to walk every step with her, just as she's trying to stand on her own.”**